



SECOND HARVEST
of SILICON VALLEY

Resources for Anyone in Need of Food

CalFresh (SNAP)

CalFresh benefits, also known as SNAP, are provided an EBT card you can use at the grocery store or farmer's market, and are a great way for people to get free groceries. It's never been easier for people to sign up for CalFresh, with the state waiving interview requirements and streamlining the signature process. And there is a new benefit for CalFresh recipients - select major retailers are allowing online purchasing with free delivery if a minimum amount is ordered. Households helped by Second Harvest who are approved for CalFresh get an average of \$236 per month for groceries.

Call our Food Connection hotline (1-800-984-3663, weekdays) to apply or go to <https://www.getcalfresh.org> to see if you are eligible.

Prepared Meals

People of all ages can find nutritious meals throughout Santa Clara and San Mateo counties. [Learn more.](#)

Home Delivery for Homebound Individuals

There are several home delivery options for those who are homebound and have no one to bring them food:

Groceries

Second Harvest provides grocery delivery to homebound individuals, including those 60+, those with a disability and those who must quarantine due to COVID. People can call the Food Connection hotline to determine if they are eligible.

Meals on Wheels

Homebound individuals who are unable to cook or shop can contact Meals on Wheels to receive prepared meals:

- [Meals on Wheels, Santa Clara County](#)
- [Meals on Wheels, San Mateo County](#)

Food Connection Hotline

Are you in need of additional food or want to apply for CalFresh? The Second Harvest Food Connection hotline has the latest information regarding distribution sites and programs and is waiting to hear from them. The team has more bilingual staff than ever. They are answering most calls “live” and voicemail is returned within 24 hours.

Call 1-800-984-3663 or text “GETFOOD” to 1-408-455-5181

Open weekdays from 8am – 5pm